



OUR LOCAL AREA

A guide to the local community



AREAS

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Talgarth & The Surrounding Area

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Brecon

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Hay On Wye

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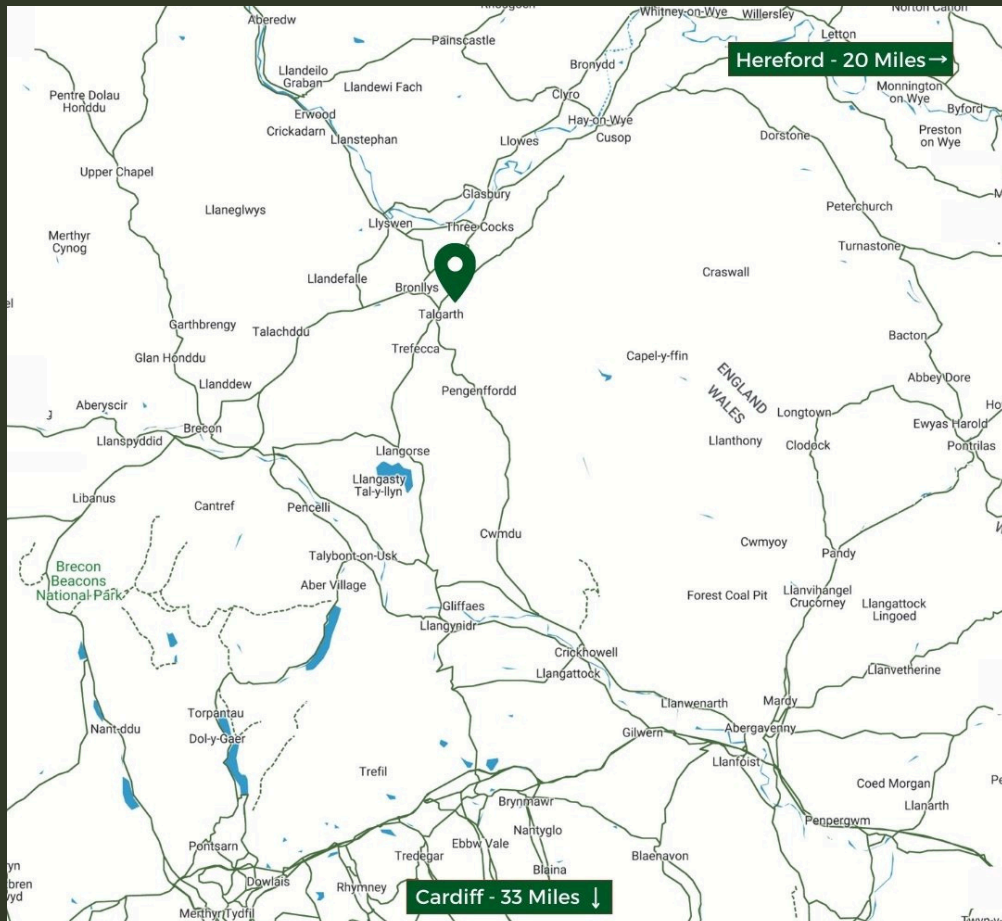
Crickhowell

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Abergavenny

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Hereford



TALGARTH & BEYOND

Black Mountains Adventure Centre	The Activity Centre, Three Cocks, Brecon LD3 0SD
Llangors Riding and Activity Centre	The Gilfach, Llangorse, Brecon, LD3 7UH
Trans Wales Riding Centre	Blaenau Bach, Penbont Road, Talgarth
Llangorse Lake	Llangorse, Brecon LD3 7TR
The Gliding Club	The Airfield, Brecon LD3 0EJ
Flora Cultura - Social Therapeutic Horticulture	Troed yr Harn Farm, LD3 0EF
Bronllys Market	Royston Hall, Bronllys
River Wye Activity Centre	Glasbury House, Glasbury, HR3 5NW
Bronllys Castle	Talgarth Road, Bronllys LD3 0HL
Tretower Castle and Court	Tyllys, Crickhowell NP8 1RF
Castell Dinas Hillfort and Castle	Pengenffordd
Pwll y Wrach Nature Reserve	Hospital Road, Talgarth LD3 0DY
Talybont Reservoir & Waterfalls	Talybont, Brecon LD3 7YS
Welsh Lavender Farm	Cefnperfedd Uchaf, Maesmynis, Builth Wells LD2 3HU
Royal Welsh Show	Builth Wells
The Dragons Back Walk	Pengenffordd



PLACES TO EAT

The Bridge End Inn	01874 711936	Thurs, Fri, Mon - 5pm-10.30pm Sat & Sun 12pm-10.30pm	Bell Street, Talgarth, LD3 0BP
The Strand Bookshop & Café	01874 711195	Open Thurs - Mon See Google for Opening Hours	Regent St, Talgarth, LD3 0DB
The Mill	01874 713183	Wednesday - Saturday 10am - 3pm	The Mill House, The Square, LD3 0BW
New Gurkha Inn	01874 711581	Wednesday-Saturday 5:30pm-8.30pm	Bronllys Rd, Talgarth, LD3 0HH
Castle Fish & Chips	01874 938200	Monday - Saturday 12pm-2pm/5pm-8pm	Bronllys Rd, Talgarth, LD3 0AA
Honey Café	01874 711904	Thursday - Monday 9am-4pm	Honey Cafe, Bronllys, LD3 0LH
Black Cock Inn	01874 658697	Thursday - Sunday 4pm-10.30pm	Llanfihangel Tal-y-llyn, LD3 7TL
Old Barn Inn	01497 847861	Weds & Thurs 12pm- 8.30pm Fri & Sat 12pm - 9pm Sun 12pm - 5pm	Old Barn Inn, Three Cocks, LD3 0SL
Railway Restaurant / Tea Room	01497 847055	Mon - Sat 9am - 4.30pm Sun 9.30am - 4pm	The Old Railway Garden Centre, Three Cocks, LD3 0SG
Foyles Glasbury	01497 847550	Wednesday-Sunday 12pm-2:.0pm/6pm-9pm	Glasbury-On-Wye- Hay-on-Wye, HR3 5LH

Glasbury Taxis	01432 621002
Booktown Taxi	07881 726547
John's Taxi	07891 782907
Taxi Taxi	01874 625522
Hay Taxi	01497 820444
Crickhowell Taxi	01873 811764
A&A Taxi	01874 622288
Mike's Taxi	07989 998706

TAXIS



CLUBS & GROUPS

Black Mountains Gliding Club	The Airfield, Talgarth, Brecon, Powys, LD3 0EJ
Gwernyfed RFC	The Malthouse, Trefecca Road, Talgarth, Powys, LD3 0PL
JG Performance Fitness	Unit 1 Javel Ind Est, Three Cocks, Brecon LD3 0SD
Bowls Club	Westfields, Talgarth, Brecon, LD3 0HG
Talgarth Woodland Group	In and around Talgarth
Grow for Talgarth	Talgarth
Coed Hen Ffordd	Talgarth
Zumba	Talgarth Town Hall
Talgarth Football Club	King George V Playing Fields Westfields, Talgarth
Pilates Club Camera Club Craft Club Book Club	Royston Hall, Bronllys



BRECON

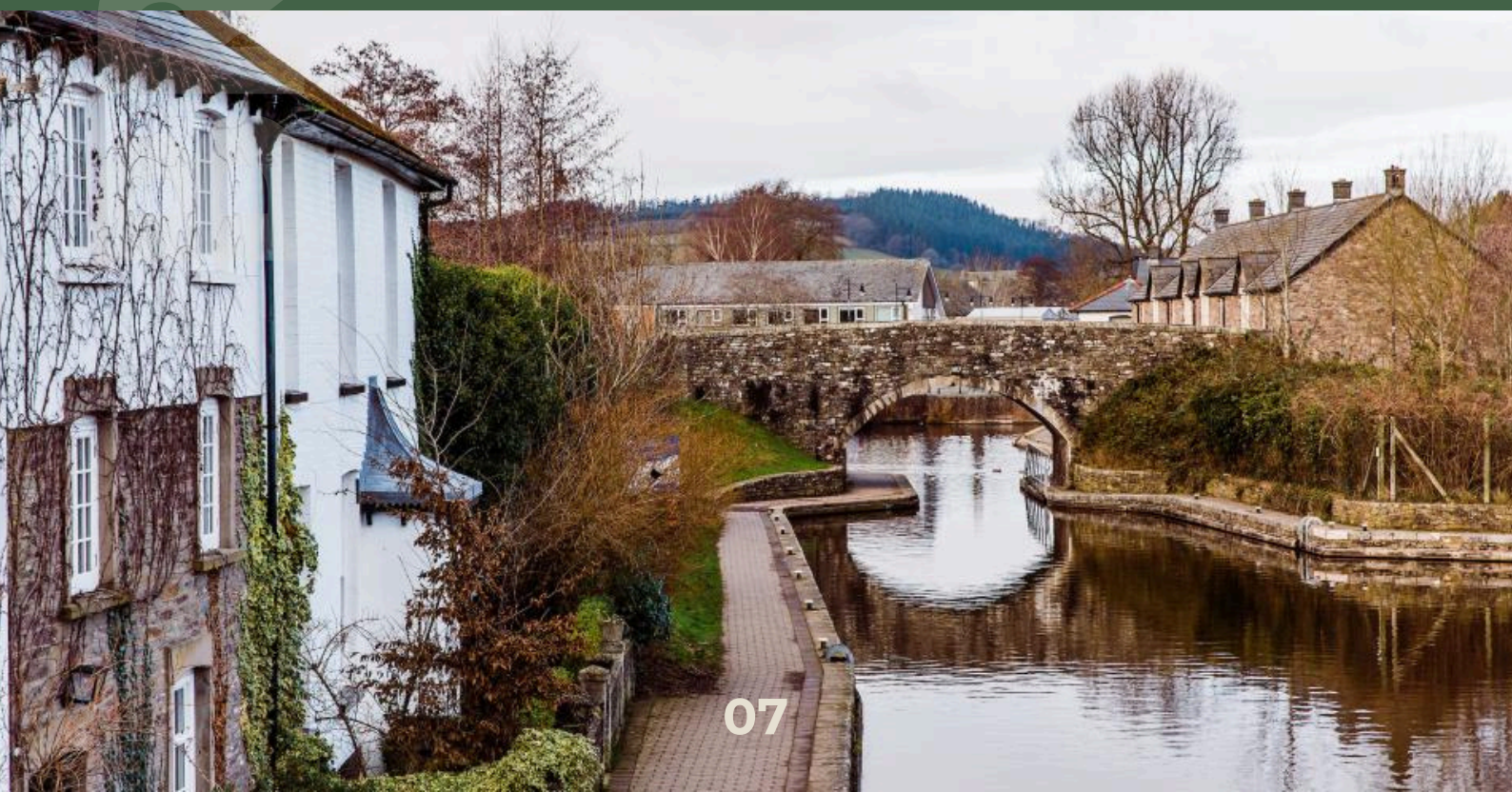
Y Gaer Museum, Art Gallery & Library	Glamorgan Street, Brecon, Powys, LD3 7DW
Royal Welsh Museum	The Barracks, Brecon LD3 7EB
Pen y Fan Mountain Walk	Brecon LD3 8NL
Brecon Canal	Canal Road, Brecon LD3 7EW
Brecon Cathedral	The Cathedral Close, Brecon LD3 9DP
Cantref Adventure Farm	Cantref House, Brecon LD3 8LR
Penderyn Whiskey Distillery Tour	Rhondda Cynon Taff, Penderyn CF44 0SX
Priory Hill & Grove & Cathedral Walk	The Cathedral Close, Brecon LD3 9DP
Gate Gallery & Glassworks	11 Watergate, Brecon, LD3 9AN
Live Music at The Foundry	8 Bell Lane, Brecon, LD3 9EE

EVENTS

Brecon Jazz- 11-13th August
Food Festival - 3rd June

CLUBS & GROUPS

Brecon Leisure Centre - Swimming Pool, Gym & Fitness Classes	01874 623677	Penlan, Brecon, LD3 9SR
Velocity Fitness	07375 709164	7-10 Pen Y Fan Business Park, Ffrwdgrech Rd, Brecon, LD3 8LA
Brecon Beacons Climbing and Mountaineering Club	breconbeaconscmc@gmail.com	https://bbcmc.uk/
Brecon Athletic Club	breconacsec@hotmail.com	Penlan Athletics Track, Brecon, Powys, LD3 9SR
Brecon and District Swimming Club	secretaryswimbrecon@gmail.com	Join Facebook Group
Brecon Hockey Club	woody.4rwe@yahoo.co.uk or message on Facebook	Training at Christ College Brecon, 7pm-8:30pm Wednesday
Brecon Phoenix Boxing Club	Message via Facebook Page	Brecon Phoenix ABC
Brecon Cricket Club	01874 611600	Brecon Cricket Club, Brecon Sports Association Ground, LD3 7HH
Brecon RFC	01874 624848	Brecon RFC Grounds, Brecon, Powys, LD3 7HH.
Ty Yoga	07939 070141	The Coach House, George St, Brecon, LD3 7LD



PLACES TO EAT

Hop In Beer & Gin	01874 622092	37 Watton, Brecon, LD3 7EG	Monday - Sunday from 12pm
Proper Pizza Company	01874 620036	Lion Yard, Brecon LD3 7JP	Wednesday - Saturday from 4pm - 9pm
The Clarence Inn	01874 622810	25 Watton, Brecon, LD3 7ED	Monday & Tuesday from 6pm Wednesday - Sunday from 12pm
The Felin Fach Griffin	01874 620111	Felin Fach, Brecon, LD3 0UB	Lunch 12pm - 2pm (2.30pm on Sunday) Dinner 5.30pm - 9pm
Brecon Tap	01874 623888	6 Bullwark, Brecon, LD3 7LB	Thursday - Saturday from 8.30am Sunday - Wednesday from 12pm
Three Horseshoes	01874 665672	Groesffordd, Brecon LD3 7SN	Monday - Sunday from 12pm
Brecon Castle Hotel	01874 624 611	Castle Square, Brecon Powys, LD3 9DB	Monday - Sunday 12pm - 9pm
Hills Brecon	07572 725105	Hills, Bishop Meadow, Hay Road, Brecon, LD£ 9SW	Tuesday - Thursday from 5pm Friday - Sunday from 12pm
Arabella's Artisan Eatery	07531 581304	35 High Street, Brecon	Tuesday - Saturday 9am - 3pm

HAIRDRESSERS & BARBERS

Shipshape	01874 641244	18 Ship St, Brecon LD3 9AD
Head Candi	01874 622870	1 George St, Brecon, LD3 7LD
Lexys Barbershop	01874 622126	24 High Street Superior, LD3 7LA
Reflections	01874 620734	1 Rich Way, Brecon, LD3 7EH
Gill&Co Barbers	07533 930975	16 Ship St, Brecon, LD3 9AD

HAY ON WYE

Hang out at the Globe	01497 821762	Newport St, Hay-on-Wye, Hereford HR3 5BC
Visit Hay Castle	01497 820079	Hay Castle, Oxford Road, Hay-on- Wye, HR3 5DG
Visit the bookshops	N/A	Hay Central
Visit Hay Festival	23rd May - 2nd June 2024	25 Lion Street, Hay-On-Wye HR3 5AD

CLUBS & GROUPS

Cricket Club
Football Club
Camera Club
Shuffle and roll



PLACES TO EAT

The Sandwich Cellar	01497 820234	2 Backfold, Hay-on-Wye, HR3 5EQ	Thursday-Tuesday 8.30am-2pm
The Bean Box	07973 119860	The Bridge, 4 Bridge St, Hay-on-Wye, HR3 5DE	Everyday 9am-4pm
Shepherds Parlour	01497 821898	9 High Town, Hay-on-Wye, HR3 5AE	Everyday 9.30am-5pm
The Old Electric Shop	01497 821194	Y Gelli Chambers, Broad St, Hay-on-Wye, HR3 5DB	Everyday 10am-5pm
The Granary	01497 820790	20, 21 Broad St, Hay-on-Wye, HR3 5DB	Wednesday-Monday 9am-3pm
Hay Castle Café	07546 345280	Hay Castle, Oxford Road, Hay-on-Wye	Everyday 10am-5pm
Café Hay	N/A	5AJ, Oxford Rd, Hay-on-Wye	Everyday 10am-5pm
Oscars Bistro	01497 821193	2 High Town, Hay-on-Wye, HR3 5AE	Everyday 10am-5pm
Three Tuns	01497 821855	Broad St, Hay-on-Wye, HR3 5DB	Everyday 12-11pm
The Blue Boar	01497 820884	Castle St, Hay-on-Wye, HR3 5DF	Everyday 11am-11pm
The Old Black Lion	01497 820841	26 Lion St, Hay-on-Wye, HR3 5AD	Everyday 7am-10.30pm
Chapters	07855 783799	Lion St, Hay-on-Wye, HR3 5AA	Wednesday - Saturday 5pm-9pm
Off Grid Gourmet	07538 037770	Walkers Cottage Campsite, parks road, HR3 5HQ	Thursday - Saturday 7pm-11pm
Tomatitos	01497 820772	38 Lion St, Hay-on-Wye, HR3 5AA	Tuesday - Sunday 4pm-11pm
Red Indigo	01497 821999	10 Castle St, Hay-on-Wye, HR3 5DF	Everyday 5.30pm-11.30pm
Origin Pizza	07703 668320	Hay Cinema Bookshop, Castle St, Hay-on-Wye, HR3 5DF	N/A
The Swan at Hay	01497 821188	Church St, Hay-on-Wye, HR3 5DQ	Everyday

PLACES OF WORSHIP

Church of St. Mary the Virgin Hay-On-Wye	01497 820448	St Mary's Rd, Hay-on-Wye, Hereford HR3 5EB
Bethesda Evangelical Church	01497 820685	Oxford Road, Hay-on-Wye, Hereford HR3 5AJ
Saint Joseph Catholic Church	01497 820452	4 Belmont Rd, Hay-on-Wye, Hereford HR3 5DA

HAIRDRESSERS & BARBERS

Jenesis	01497 821457	24 Lion St, Hay-on-Wye, Hereford HR3 5AD
Lucinda's	01497 820603	1 Castle Street, Hay-on-Wye, Hereford, HR3 5DF
The Cutting Rooms	01497 821555	40 Lion St, Hay-on-Wye, Hereford, HR3 5AA

CRICKHOWELL

Table Mountain Walk

Crickhowell Castle

Tower Gallery

Monmouthshire & Brecon Canal Walks

Llangattock Quarries Walk

Bluebell Woods Walk (Coed Cefn)

Crickhowell Library

Green Man Festival - August 2024



CLUBS & GROUPS

Crickhowell Community Sports	New Road, Crickhowell, Powys, NP8 1AW
Welch Fitness Centre	Unit 1, The Courtyard, Standard St, Crickhowell NP8 1BP
Manor Hotel Fitness Suite	Pregge Lane Brecon Road, Crickhowell, Powys, Np8 1Se
Crickhowell Running Club	The Courtyard, Standard Street, Crickhowell NP8 1BZ
Crickhowell Football Club	Elvicta Football Ground Crickhowell
Crickhowell Rugby Club	Parc Broyd A40, Crickhowell NP8 1EE
Crickhowell Walking Group	N/A
Crickhowell Bowls Club	Beaufort Street Sports Association, NP8 1AG
Crickhowell Cricket Club	Beaufort Street Sports Association, NP8 1AG
Crickhowell Tennis Club	Beaufort Street Sports Association, NP8 1AG
Glangrwyney Cricket Club	Glangrwyney Cricket Club, Cwrt y Gollen, Glangrwyney.
Zumba with Bonnie	N/A
Zumba with Fer	N/A
Pilates	Glangrwyney Village Hall
Flexisoul Yoga	Upper house farm, The Courtyard, Standard St, NP8 1BZ
Golden Castle Stables	Crickhowell, NP8 1PZ

Llangattock Community Woodland Group
Tools for Self Reliance Cymru
Llangattock Litter Pickers
Our Food 1200
Crickhowell Garden Society
Crickhowell Library Book Club
Peak Cymru - Arts
Crickhowell Volunteer Bureau

PLACES TO EAT

The Bear Hotel	01873 810408	Crickhowell, Powys, NP8 1BW	Monday - Sunday 10am-11pm
The Dragon Hotel	01873 810362	47 High St, Crickhowell NP8 1BE	Monday - Sunday 10am-11pm
The Vine Tree Llangattock	01873 812277	Legar Road, Llangattock, Crickhowell NP8 1HG	Wednesday - Sunday 12pm-9pm
The Horseshoe Llangattock	01873 268773	Hillside Rd, Llangattock, Crickhowell NP8 1PA	Monday - Sunday 10am-11pm
The Bluebell Country Inn	01873 740238	Glangrwyney, Crickhowell NP8 1EH	Thursday - Sunday from 12pm
The Britannia Inn	01873 598022	20 High St, Crickhowell NP8 1BD	Monday - Sunday 11am - 10pm
Y Bwyty Bach	01874 731196	Tretower barn. Tretower, Crickhowell, Np81RF	Wednesday - Saturday 10am-9pm Sunday 10am-3pm
The Manor Hotel	01873 810212	Brecon Rd, Crickhowell NP8 1SE	Monday - Sunday 10am-11pm
Treebeards	01873 268668	54 High St, Crickhowell NP8 1BH	Wednesday - Sunday 2pm-11pm
The Swan Inn	01873 810858	10 Llanbedr Road, Crickhowell NP8 1BT	Everyday from 3pm
The Red Indigo Indian Cuisine	01873 811175	Brecon Rd, Crickhowell NP8 1DL	Monday - Sunday 12pm-11pm
Yummy Kitchen	01873 811177	4 Standard St, Crickhowell NP8 1BP	Monday - Saturday 11.30am-9.30pm
Crickhowell Chinese	01873 810999	1, Bank Building, Beaufort St, Crickhowell NP8 1AD	Wednesday - Sunday 5pm-10pm
Bookish Café	01873 811256	18 High St, Crickhowell NP8 1BD	Monday - Sunday 9am-5pm
Latte Da	01873 810579	Beaufort St, Crickhowell NP8 1AD	Monday - Sunday 10am-4pm
Halo	01873 818997	49, The Courtyard barns, Crickhowell NP8 1BP	Tuesday - Saturday 10am-4pm
The Dragons Head Llangenny	01873 810350	Llangenny, Crickhowell NP8 1HD	Wednesday - Friday 6pm - 11pm Saturday & Sunday from 12pm
The Coach and Horses Llangynidr	01874 730245	Cwm Crawnnon Rd, Llangynidr, Crickhowell NP8 1LS	Wednesday - Sunday 12pm-9pm
The Red Lion Llangynidr	01874 730223	Duffryn Rd, Llangynidr, Crickhowell NP8 1NT	Tuesday - Sunday 11.30am-11.30pm

PLACES OF WORSHIP

St Edmunds Church	01873 810017	The New Rectory Rectory Rd, Crickhowell, NP8 1DW
Crickhowell Rectory	01873 810944	Rectory Road, Crickhowell

FURTHER AFIELD

Jamia Mosque	01633 662096	183-186 Commercial Road, Newport NP20 2PP
Cardiff Reform Synagogue	N/A	Moira Terrace, Cardiff CF24 0EJ

HAIR & BEAUTY SALONS

Calida Hair	01873 268046	Rear of, 17 High St, Crickhowell NP8 1BD
Avenue Hairdo	01873 812422	Unit 1 New Rd, Crickhowell NP8 1AY
Hair by Natalie	07808 508279	Courtyard, Crickhowell, NP81BZ
McCarthy's	01873 811382	High Streets, Crickhowell, NP8 1BD
Beauty By Harriet	07398 192406	Lower Granary, The Courtyard, Standard St, Crickhowell NP8 1BZ
Shangri-la Massage and Beauty	075832 64960	Unit 5, Riverside Business Centre, Crickhowell NP8 1AY
Aphrodite Aesthetics & Skin Clinic	07368 884156	Flat 2b, Riverside Business Centre, Crickhowell NP8 1AY

ABERGAVENNY

Baker Street Cinema

Borough Theatre

Abergavenny Castle & Museum

The Makers Art Gallery/Craft Renaissance

Sugarloaf Vineyards

Sugarloaf Mountain Walk

The Skirrid Mountain Walk

The Bloreng Mountain Walk

Castle Meadows & Linda Vista Gardens

Llanthony Priory

Abergavenny Food Festival - 16th & 17th September 2023



CLUBS & GROUPS

Abergavenny Leisure Centre - swimming, gym, fitness classes and sports hall hire	01873 735360	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
Abergavenny Netball Club	07790 607202	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
Abergavenny Tennis Club	07525 170667	Hill Road, Penypound, NP7 7RN
Abergavenny Cricket Club	01873 852350	Avenue Road Abergavenny, NP7 7DB
Abergavenny Hockey Club	075887 11090	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
Mardy Football Club	mardyafc@gmail.com	Mardy Park, Abergavenny, NP7 6PP
Monmouthshire Golf Club	01873 852606	Llanfoist, Abergavenny, NP7 9HE
Wernddu Golf Club	01873 856223	Old Ross Road, Abergavenny NP7 8NG
Abergavenny Rugby Club	07525 477218	Bailey Park, Abergavenny NP7 5SG
Abergavenny Town FC	01873 852379	Pen-Y-Pound Stadium, Abergavenny, NP7 7RN
Clydach Wasps FC	0772719 1183	Clydach Recreation Ground, Clydach, NP7 0LR
Abergavenny Cycle Group	01873 854662	Middle Ninfa, Llanellen, Abergavenny, NP7 9LE
Abergavenny Road Club	01873 854347	https://abergavennyrc.org.uk/
Abergavenny Canoe Club	N/A	N/A
Abergavenny Squash Club	01873 855591	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
Abergavenny Badminton Club	N/A	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
Judo	01873 857110	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
Kick Boxing	07799 333821	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
A&J Future Fitness	01873 858893	Unit 6a, Mill Street Industrial Est, Mill St, Abergavenny, NP7 5HE
Shotokan Karate	079741 19612	Abergavenny Leisure Centre, Old Hereford Road, NP7 6EP
Abergavenny Art Club	01873 851554	Community Centre, Park St, NP7 5BY
Abergavenny Chess Club	N/A	Wednesdays 7pm - 10:30pm at the Hen & Chickens in Abergavenny

BARS & PUBS

Auberge	01873 850727	25 Frogmore Street, Abergavenny, NP7 5AH	Everday 12pm-11pm
The Balcony	07955 203171	2, Stable Mews, Lewis Ln, Abergavenny NP7 5BA	Friday and Saturday 5pm-11pm
V24	01873 853481	24 Frogmore St, Abergavenny NP7 5AH	Everday 12pm-11pm

The Grofield	01873 858939	Baker St, Abergavenny NP7 5BB	Tuesday-Sunday 12- 10pm
Kings Arms Hotel	01873 855074	29 Nevill St, Abergavenny NP7 5AA	Wednesday -Sunday from 12pm
The Coach and Horses	01873 859411	41 Cross St, Abergavenny NP7 5ER	Monday - Saturday 3pm-11pm
Weatherspoons	01873 736960	Lion St, Abergavenny, NP7 5PE	Everyday 8am-12am
Hen & Chicks	01873 853613	Flannel St, Abergavenny NP7 5EG	Everyday 10am-11pm
Lamb & Flag	01873 857611	Brecon Rd, Abergavenny NP7 7EW	Everyday 10am-11pm
Regency 59	01873 859962	The Kings Head Hotel, 59-60 Cross Street, NP7 5EU	Everyday from 8am
The Bridgend Inn	01873 854831	Merthyr Rd, Llanfoist, Abergavenny NP7 9LH	Everyday 12pm-9pm
Greyhound Vaults	01873 858549	Market St, Abergavenny NP7 5SD	Everyday from 11am
The Crown at Pantygelli	01873 853314	Old Hereford Road, Pantygelli, Abergavenny, NP7 7HR	Everyday 12pm-11pm
Crown & Sceptre	01873 852295	Hereford Road, Mardy, NP7 6HU	Everyday From 2pm

RESTAURANTS

Casa Bianca	01873 737744	51 Frogmore St, Abergavenny NP7 5AR	Everyday 12pm-10pm
Pizzaronte	01873 857777	Market St, Abergavenny NP7 5SD	Tuesday - Saturday 12pm-3pm/6pm-9pm
Amos Restaurant	01873 269745	43, 43a Frogmore St, Abergavenny NP7 5AN	Everyday 12pm-10pm
Bayleaf	01873 851212	7 Market St, Abergavenny NP7 5SD	Everyday 5.30pm-11pm
Cinnamon Tree	01873 851133	23A Cross St, Abergavenny NP7 5EW	Everyday 5pm-10pm
Sundarbon	01873 268220	7 Monk Street, Abergavenny, NP7 5ND	Wednesday - Monday 6pm-10pm
Regency 59	01873 859962	59-60 Cross St, Abergavenny, NP7 5EU	Everyday 8am-10pm
The Hardwick	01873 854220	Old Raglan Road, Abergavenny NP7 9AA	Wednesday - Sunday from 12.30pm
1861	01873 821297	Old Ross Rd, Cross Ash, Abergavenny NP7 8PB	Wednesday - Sunday from 12pm
Spice Lounge	01873 855720	Merthyr Rd, Llanfoist, Abergavenny NP7 9LP	Everyday 5pm-10pm
Tamarind	01873 852525	5 Mill St, Abergavenny NP7 5HE	Everyday 5.30pm-11pm

The Angel Hotel	01873 857121	15 Cross St, Abergavenny NP7 5EN	Everyday 12pm-11pm
Portico Lounge	01873 850875	5 Frogmore St, Abergavenny NP7 5AE	Everyday 9am-11pm
The Gaff	01873 739310	Unit 4 The Courtyard, Lion St, Abergavenny NP7 5PE	Wednesday - Sunday 12pm-3pm/6pm-9pm
Mezze Me	01873 268728	15 Frogmore St, Abergavenny NP7 5AS	Monday - Saturday 12pm-9pm
Anatolian	01873 855552	42 Cross St, Abergavenny NP7 5ER	Monday - Sunday 12pm-10pm
Gurkha Corner	01873 855800	10 Nevill St, Abergavenny NP7 5AD	Tuesday - Sunday 12pm-10pm

CAFES

Cwtch Café	01873 855466	58 Cross St, Abergavenny NP7 5EU	Monday - Saturday 9am-5pm
The Coffee Pot	01873 859870	12 Nevill Street, ABERGAVENNY, Gwe nt, NP7 5AD	Monday - Saturday 9am-4pm
Bean and Bread	01873 778575	36 Lion St, Abergavenny NP7 5PE	Monday - Sunday 9am-5pm
Annettes	01873 850699	Lewis Walk, Lewis's Ln, Abergavenny NP7 5BA	Tuesday - Saturday 9am-4.30pm
Luigi's	01873 855103	10 Cross St, Abergavenny NP7 5EH	Monday - Sunday 8.30am-4pm
The Gaff Deli	01873 855505	14 High St, Abergavenny NP7 5RY	Tuesday - Saturday 10am-5pm
Costa	0333 003 5883	11 High St, Abergavenny, NP7 5RY	Everyday 8am-6pm
The Trading Post	01873 737522	27 Nevill St, Abergavenny NP7 5AA	Everyday 8.30am-4pm
Fig Tree Espresso	07702 580071	15 Nevill St, Abergavenny NP7 5AA	Wednesday - Saturday 10am-4pm
Emmeline's Tea Room	01873 854676	Unit 3, The Old Police Station, Baker St, Abergavenny NP7 5BB	Monday - Saturday 10am-4pm
Coffi Lab	01873 771936	17 Frogmore St, Abergavenny NP7 5AH	Monday - Sunday 8am-5.30pm
Ziggy's	01873 855706	53 Frogmore St, Abergavenny NP7 5AH	Monday - Sunday 8.30am-4.30pm
The Botanical at Nicholls	01873 853306	18-19 Frogmore St, Abergavenny NP7 5AH	Monday - Saturday 9am- 4.30pm
The Art Shop & Chapel	01873 736430	8 Cross St, Abergavenny NP7 5EH	Tuesday - Saturday 10am-4pm
Harry's	07759 449077	3 St John's St, Abergavenny NP7 5RT	Tuesday - Saturday 8.45am-4pm
Khava Coffee Shop	07507 794651	3 The Stables The Mews, Lewis's Ln, Abergavenny NP7 5BA	Tuesday - Sunday 10am-11pm

PLACES OF WORSHIP

Holy Trinity Church	01873 858787	Baker Street, Abergavenny NP7 5BH
Gateway Church	01873 853126	Monk Street, Abergavenny, NP7 5ND
Christ Church	01873 853168	North Street, Abergavenny, NP7 7EB
St Mary's Priory	01873 858787	St Mary's Priory, Monk Street, Abergavenny, NP7 5ND
St Teilos Church	01873 859881	10 The Pines, Mardy, Abergavenny, NP7 6HQ
Our Lady and St Michael's R.C Church	01873 851051	10 Pen-y-pound, Abergavenny NP7 5UD

HAIR & BEAUTY SALONS

Always Sunday Studio	01873 877470	1 Stables Mews. Lewis Lane, Abergavenny, NP7 5BA
Tommy Brooks Hair	01873 854373	47 Cross St, Abergavenny, NP7 5ER
Georgie Games Hair	01873 859132	30 Lion Street, Abergavenny, NP7 5NT
Feodora Hair & Beauty	01873 858212	25 Nevill Street, Abergavenny, NP75AA
Rachel's Beauty	Instagram @rachelsbeauty_	7 Cross Street, Abergavenny, NP7 5EH
Hair Base- Unisex	01873 855835	31 Frogmore Street, Abergavenny, NP7 5AL
Sue's Salon	01873 857077	5a, Lion Street, Abergavenny, NP75PH
Christopher Dean	01873 857857	Unit 1, Lewis Lane, Abergavenny, NP7 5BA
Lucy Hockey	01873 859300	Swan House, 33 Cross Street, Abergavenny, NP7 5EH
Hannah Mlatem	07496 398098	6 Lewis's Lane, Abergavenny, NP7 5BB
Hair by Katie Byrne	07896 255068	1 Hatherleigh Pl, Abergavenny, NP7 7RL
Beatties Barbers	01873 853333	Pembroke House, Brecon Road, NP7 5UG
The Barber shop	01873 850855	37 Frogmore Street, Abergavenny, NP7 5AN
Istanbul barber shop	07438 477634	22 Cross Street, Abergavenny, NP7 5Ew

HEREFORD

Chase Distillery	01432 820455	Chase Distillery Ltd, Rosemaund Farm, Hereford HR1 3PG
Hereford Racecourse	01432 273560	Hereford Racecourse, Roman Road, Hereford, HR4 9QU
Old Market	014322 64019	Old Market, Newmarket, Street, Hereford, HR4 9HR

Courtyard Hereford	01432 340 555	The Courtyard, Edgar Street, Hereford, HR4 9JR
Waterworks Museum	01432 342 192	Broomy Hill, Hereford, HR4 0LJ
Black and White House Museum	01432 260694	High Town, Hereford HR1 2AA
Cider Museum	01432 352207	Cider Museum, Pomona Pl, Hereford HR4 0EF
Chained Library	01432 374200	Hereford Cathedral, 5 College Cloisters, Cathedral Close, HR1 2NG



GARDENS & PARKS

Weir Garden	01981 590509	The Weir Garden, Swainshill, Hereford, HR4 7QF
Brobury House Gardens	01981 500229	Brobury, Hereford HR3 6BS
Belmont Country Park	N/A	Belmont road, Hereford, HR2 7JE
Symonds Yat	N/A	Symonds Yat Rock, Symonds Yat, Herefordshire, HR9 6BY
Westonbury Mill Water Gardens	01544 388650	Westonbury Mill Water Gardens, Pembridge, Leominster, Herefordshire HR6 9HZ
Wye Valley Butterfly Zoo	01600 890360	Symonds Yat West, Ross-on-Wye HR9 6DA

PLACES OF WORSHIP

Hereford Cathedral	01432 374200	Hereford Cathedral, 5 College Cloisters, Cathedral Close, HR1 2NG
All Saints Church	01432 370414	Ht Street, Hereford, HR4 9AA
St Francis Xavier's Church	01432 273485	19 broad st, Hereford, Hr49AP
Rotherwas Chapel	0370 333 1181	Chapel Rd, Hereford, HR2 6NR
Jummah Mosque	01432 278070	Belmont Rd, Hereford, HR2 7JE

EMERGENCY CONTACTS

HayGarth Medical Center	01874713000	Hay Road Talgarth, Brecon LD3 0AW
Brecon War Memorial Hospital	01874 622443	Cerrigcochion Road, Brecon LD3 7NS
Hereford County Hospital (Nearest A&E)	01432 355444	Stonebow Road, Hereford HR1 2BN
Nevill Hall Hospital (Minor Injuries)	01873 732732	Brecon Road, Abergavenny NP7 7EG
Prince Charles Hospital (A&E)	01685 721721	Gurnos CF47 9DT
Crickhowell Dental Practice	01873 810058	Beaufort Street, Crickhowell NP8 1AG
Hay-on-Wye Dental Centre	01497 820421	Oxford Road, Hay HR3 5AJ